

Beans, Rice And Everything Nice

Avocado Sour Cream



original recipe by beansriceeverythingnice.weebly.com

Ingredients

- 1 ripe avocado
- 1 clove garlic
- 1-2 Tablespoons
fresh lemon juice
- 1/4-1/3 cup water

In a blender or food processor, blend the avocado flesh with the garlic clove, lemon juice and 1/4 cup of water. Add more water a tablespoon at a time until it reaches the consistency of sour cream.

