Beans, Rice (And Everything Mice

Classic Italian Tomato Sauce



Ingredients

makes 4 - 6 servings

1 small red onion, finely diced

2 cloves garlic, minced

1/2 teaspoon salt (optional, I don't add any)

- 1 teaspoon dried basil
- 1 teaspoon dried oregano
- 1/2 teaspoon dried thyme
- 1/4 teaspoon crushed red pepper flakes
- 1 156ml (5.5 ounce) can tomato paste
- 1 Tablespoon balsamic vinegar
- 1 cup water, divided into 1/2 cup portions
- 1 796 ml (28 ounce) can Italian tomatoes, diced or whole, blended
- 1 551ml (1 pint) container cherry or grape tomatoes, halved
- 1/4 cup fresh basil leaves, sliced in thin ribbons

- 1. In a large saucepan over medium heat, dry saute the onions until translucent, adding a splash of water as needed. Add the minced garlic, herbs and crushed red pepper flakes, and combine.
- Stir in the tomato paste, briefly cooking the paste until lightly brown.
- 3. De-glaze the pan with the balsamic vinegar and 1/2 cup of the water. Mix well.
- 4. Blend the canned Italian tomatoes, and pour into the sauce. Clean out the blender with the remaining 1/2 cup water and add to the sauce in the pot. Stir to combine.
- 5. Bring to a boil over medium-high heat. Reduce the heat to medium-low and simmer for 10 minutes. Add the sliced cherry tomatoes and cook for another 5-10 minutes—until the tomatoes are limp.
- 6. Stir in the minced basil leaves just before serving.