Beans, Rice (And Everything Mice

Mushroom Noodle Soup



Ingredients

makes 2-3 large servings

- 2-3 servings of noodles
- 1 recipe Shiitake Mushroom Stock
- 1 carrot, peeled and sliced
- 1/2 red bell pepper, sliced into strips
- 1 Portobello mushroom, stem removed, sliced
- 2 napa cabbage leaves, cut into squares
- 150 grams (about 5 ounces) soft tofu, cut into small cubes
- 2 green onions, sliced
- 1 sheet nori, cut into strips (optional)

- 1. For the noodles: Prepare the noodles according to the package directions. Drain and rinse with cold water. Set aside.
- For the soup: While the water is boiling for the noodles, prepare all the vegetables and set aside.
- 3. Add the Shiitake Mushroom Stock to a medium saucepan along with the sliced Portobello mushroom, carrot, and red pepper. Bring to a boil over mediumhigh heat, reduce heat to medium low, and simmer covered for 5 minutes.
- 4. After 5 minutes, add the napa cabbage, tofu and green onion. Turn off the heat and let sit covered for 2-3 minutes.
- 5. Evenly divide the noodles into deep soup bowls, and ladle the soup over the top. Garnish with strips of nori and a sprinkle of sesame seeds, if desired.